

* __ parts have been revised.

Student Action Guidelines for Preventing COVID-19 Infection (Updated on August 28th)

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Decided by University of Fukui

Headquarters for COVID-19 Crisis Control

COVID-19 infection has been spreading nationwide including Tokyo and Osaka at present. Also in Fukui prefecture, a confirmed case was found on 12th July for the first time in 75 days. The prefecture declared its own warning about the spread of the infection after the case. A large number of group infections has occurred nationwide in restaurants or bars, and some cases were confirmed in which university students became infected at such places.

Based on this, after August 28th, please keep in mind the points below for the time being in order to minimize the risk of infection:

If you have any questions or concerns, please contact the [**Contact Information**] at the bottom of this notice.

Since the status of COVID-19 is changing globally every day, our measures may change in future. We will post messages from the President or other notices from the university in addition to this policy as needed, so please check the university website or student portal every day.

1. Basic Policy

- (1) Take infection control measures thoroughly, such as by maintaining space between people by keeping 2 meters apart (or 1 meter at the very least) and by wearing a mask (coughing etiquette) and hand washing on a regular basis.
- (2) Take action for preventing situations in which the three following conditions overlap:
 - ① Closed spaces with bad ventilation
 - ② Crowded places with many people nearby
 - ③ Close-contact settings such as close-range conversations

- (3) Refrain from going to university unless absolutely necessary outside class. When you go on campus, you should leave there as soon as you have finish your necessary task(s).

2. Concrete Measures

(1) Daily Precautions

- Do not go in and out of places, regardless of whether they are inside or outside the university, with a high infection risk because of crowds of people.
- When having meals with someone, using restaurants which have “Infection Prevention Drastic Declaration” stickers is recommended. Parties where many people eat and drink together are prohibited.
- Avoid close contact with large numbers of unspecified people, especially kids or the elderly, and do not take actions which make infection follow-up difficult.
- Make every effort to prevent infectious diseases and stay healthy by washing hands with soap and running water or alcohol disinfectant frequently and wearing a mask (coughing etiquette).
- Avoid conversations at close range or in a loud voice and maintain space between people by keeping 2 meters apart (or 1 meter at the very least). When necessary, wear a mask or a face shield to prevent spitting/spraying as you speak. Since wearing a mask may increase the risk of heatstroke, prevent it by taking the mask off when you are outdoors and when nobody is around, drinking water often, and wearing cool clothes. (Refer to the notices of the Ministry of the Environment and the Ministry of Health, Labor and Welfare below)
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_coronanettyuu.html
- Make use of COCOA, a COVID-19 Contact-Conforming App . (Refer to the website of the Ministry of the Health, Labor and Welfare below for the outline and the way to download the app.)
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa_00138.html
- Take your temperature every day, record it in the “Health Checklist” in Attachment 1 to check your health condition. The form for Matsuoka campus is different from that for Bunkyo and Tsuruga campuses. In addition, Matsuoka campus has created a system that enables health checks on the web. We’ll keep you updated once it’s completed. Keep the health checklist by yourself and submit it on the university’s requests.
- Try to have enough sleep, moderate exercise, and a balanced diet.
- Moving from/to Tokyo, Osaka, or other areas where large spreads of infections occur is basically prohibited unless absolutely necessary. Warning Areas, where large spreads of infections occur, are updated on a daily basis, so please check these on your own. In

case you must unavoidably visit such areas, do not drop by any facilities which are unrelated to your purpose (such as facilities where group infections occur nationwide) and take adequate precautions to minimize the risk of infection. In case you enter Fukui prefecture from such areas, manage your health condition carefully with the “health checklist” in **Attachment 1** for two weeks. If you have any changes in your health condition, contact the [**Contact Information ①, ④, or ⑤**] at the bottom of this notice and take necessary measures.

- Overseas travel is especially prohibited regardless of travel alert levels. In case you unavoidably must return from overseas, stay home for two weeks after entering Fukui and manage your health condition with the “health checklist” in Attachment 1. If you have any changes in your health condition, contact the [**Contact Information ①, ④, or ⑤**] at the bottom of this notice and take necessary measures.

(2) Precautions in classes and research activities

○ Wearing a mask is necessary to go on campus; otherwise, you cannot enter campus.

○ Research activities and student guidance in laboratories may be carried out when the dean of each school or graduate school deems that unavoidable after taking measures to avoid the 3Cs. Since students' consent is required for such implementation, students have to show a confirmation of their intentions by following their supervisor's directions before going to the university.

○ Students with a high risk of serious illness due to respiratory problems or underlying health conditions should consult with their doctor, the student consultation office, and/or the Health Administration Center before they are enrolled in classes. If it is impossible to join classes due to these reasons, notify class instructors or supervisors about it.

(3) Precautions in case you have any symptoms of a cold such as a fever, cough, or general malaise:

○ If you have any cold symptoms, such as a fever, cough, or general malaise, contact the consulting line of Fukui prefecture first, TEL(0776)-20-0795 (Opening hours: 07:00-21:00; callers will be guided to a cell phone number outside those opening hours) (If you are out of Fukui, contact the consulting counter in your residence). In addition, tell your student ID, name, physical condition, and the course of the symptoms by e-mail to the [**Contact Information ①, ④, or ⑤**] at the bottom of this notice and obey any instructions from university.

*On Bunkyo campus, students must send an e-mail to class teachers at the e-mail address on the syllabus when they are not able to join classes.

○ In case your friends or family members living with you are diagnosed with COVID-19,

or you have close contact with someone else who is, contact the consulting line of Fukui prefecture first (If you are out of Fukui, contact the consulting counter in your residence). In addition, contact the [**Contact Information ①, ④, or ⑤**] at the bottom of this notice by e-mail or phone and obey any instructions from university.

(4) Precautions in extracurricular activities, university life, study support, etc.

- All extracurricular activities should be held only at the University's outdoor facilities (playground, baseball field, tennis courts, etc.). Students must review measures to avoid the 3Cs thoroughly with their advisor or supervisor, and must obtain permission from the university in advance. In addition, be careful of heatstroke, receive guidance about any infection risk from the advisor or supervisor, and prepare a list of participants for each activity in order to be able to submit it on the university's request. However, sports' trips, competitions, training camps, or parties with eating and drinking must be prohibited.
- Regarding lunch at the co-op cafeteria, follow the instructions of the co-op to avoid the 3Cs by such as washing hands with soap and running water or disinfecting with alcohol, refraining from talking in the cafeteria and then leaving there promptly once you finish your meal. In addition, in order to avoid congestion at lunch time at the co-op cafeteria and shops, try to use the cafeteria and shops at a different time by having lunch outside or in unused lecture rooms (make sure to take the precautions outlined above and dispose of trash after use) or by having lunch in 2nd or 3rd period if you have no class during that time. Those who are in a bad health condition must refrain from entering the cafeteria and stay home.
- When your financial condition changes, and you have trouble in paying the tuition fees or need a scholarship, contact the [**Contact Information ① or ④**] at the bottom of this notice.
- Regarding part-time jobs, students should confirm that proper measures for preventing infection are being taken. Part-time jobs with a high risk of the 3Cs, especially such as restaurants with entertainment should be refrained from. In addition, if you could not receive compensation for absence from work while you were absent from your part-time jobs because of COVID-19, you can apply for the support fund and allowance for the leave forced to be taken under the COVID-19 outbreaks (from 1st April to 30th September 2020). If you need a scholarship due to reduced income, please contact the [**Contact Information ①**] below.
- Application procedures for tuition waivers or scholarships are basically conducted by post (simple registered mail or certificate of mailing). If you have any questions or concerns, please contact the [**Contact Information ① or ④**] below.

- Counter services, such as issuing certificates or course consultation should be conducted by mail or e-mail. When you come to university for lectures, face-to-face communication will be allowed but you need to wear a mask.
- Regarding job hunting, try to do your research of businesses by using the information provided on the Internet, SNS, and by companies. Refrain from visiting OBs or OGs and instead negotiate whether you can talk on the phone or over the Internet. When you are unable to prepare an environment for taking a web interview for the recruitment exam, contact the **[Contact Information ③]** below. If you travel to other prefectures for job hunting, be extremely careful about infection prevention and record your actions. In addition, in case you travel to areas where large spreads of infections are occurring, take the same measures as set out above in “2 (1) Daily Precautions.”

* For more details, please refer to Attachment 2: “To all students: Job Hunting and Internships” (Edited on July 8th, 2020).

[Contact Information]

Bunkyo Campus

① Student Affairs Division Student Support

TEL: 0776-27-8716, 8403

E-mail: ggakusei@ml.u-fukui.ac.jp

(about Classes)

② Educational Division Section for General Education

TEL : 0776-27-8600

E-mail : kyoumu-soumu@ml.u-fukui.ac.jp

(about Job Hunting)

③ Career Support Division

TEL: 0776 27 9904

E-mail: g-syusyoku@ad.u-fukui.ac.jp

[Contact Information]

Matsuoka Campus

④ Academic Affairs Division for Matsuoka Campus

Section for the School of Medical Science

TEL: 0776-61-8266, 8265, 8850

E-mail: m-gakusei@ml.u-fukui.ac.jp

[Contact Information]

Tsuruga Campus

⑤ Administration Division for Tsuruga Campus

TEL : 0770-25-0553, 0551, 0021

E-mail : skatom-s@ml.u-fukui.ac.jp

